



TERRY CHASE

ND, MA, RN, CEIP-ED

SPEAKER | AUTHOR | CONSULTANT

Open a Space for Wholehearted Living

Healthcare Resilience · Nurse Well-Being · Wholehearted Leadership

THE STORY THAT DEFINES HER

Dr. Terry Chase's work is defined by one simple yet life-changing story—not the bicycle accident that left her paralyzed, but the morning she chose to get out of bed. During rehabilitation, staying in bed felt easier than facing another uncertain day. Instead, she chose one small step. That decision led to wheelchair tennis, a new career in healthcare and higher education, decades as a professional coach and nursing professor, and a life dedicated to helping others discover their own capacity for resilience.

Whether speaking to healthcare leaders, educators, nonprofit professionals, or community organizations, Dr. Chase reminds audiences that they don't have to have the entire path figured out. They only need the courage to take the next true step.

Her unique blend of lived experience, clinical expertise, research, and wholehearted wisdom inspires people to move beyond adversity, embrace possibility, and discover that extraordinary lives are built one intentional choice at a time.

"The most important decision you'll ever make may not be the biggest one. It may simply be deciding to get out of bed—to take the next true step, even when you cannot see where it will lead."

WHO IS DR. TERRY CHASE?

Dr. Terry Chase is a nationally recognized speaker, nurse, educator, and author whose work sits at the intersection of healthcare resilience, wholehearted living, and leadership development. She brings a credential stack that is genuinely rare and a lived experience that makes her unforgettable.

Terry has spent over three decades in healthcare and higher education, including roles as Patient and Family Education Coordinator at Craig Hospital (Denver's nationally renowned neurorehabilitation center) and as Associate Professor of Mental Health Nursing (BSN) at Colorado Mesa University. She is a nurse, an experiential educator, and a certified equine-assisted learning facilitator.

She also lives with a spinal cord injury and uses a wheelchair full-time.

Terry isn't delivering theory. She is telling the truth about what it takes to keep showing up.

SUGGESTED TOPICS

A WHOLEHEARTED LIFE: One Step At A Time: Gives healthcare teams the practical, human-centered tools they need to strengthen resilience, reconnect with their purpose, and choose to be creators

EVERY POINT MATTERS: Building a Culture of Safety One Decision at a Time: Explores how our everyday choices shape trust, teamwork, patient care, and organizational culture.

BROKEN WINGS: Integrating Students with Disabilities: Discussion and problem-solving activities, faculty will leave with practical approaches to foster inclusive learning environments grounded in evidence-based educational practice.



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Educator | Coach



Key audience outcomes:

- Strengthen personal resilience using proven, practical tools
- Reconnect with the “why” behind their commitment to patient care
- Shift from reactive to creative — choosing their response to challenging systems
- Leave with concrete next steps, not just inspiration

WHAT MAKES HER DIFFERENT

Terry knows there are plenty of resilience speakers, yet very few bring all of this to the same stage:

- **Clinical nursing credentials (RN) combined with a Doctor of Nursing (ND) and Master’s degrees** in Exercise Science and Spiritual Psychology — Dr. Chase understands the whole person.
- **Lived experience with long-term disability** — Terry speaks about resilience as someone who practices it daily, not as an outside observer.
- **Experiential teaching approaches** and facilitated sessions that are hands-on, interactive, and built for maximum retention.
- **Award-winning published author:** Spoke by Spoke: How a Broken Back and a Broken Bike Led to a WholeHearted Life (2021), and Spoke by Spoke Guidebook: Small Steps, Big Shifts for Navigating a WholeHearted Life (2025).

“It’s about my personal strengths, my mindset — it’s a different perspective when as a nurse you are constantly putting others first.” — Staff RN, Queen’s Medical Center

SELECTED SPEAKING ENGAGEMENTS

Conference Keynote & Breakout Sessions

- CommonSpirit Health© 2026 FUEL Conference, Colorado Springs, CO
- Craig Neurorehabilitation Hospital, Denver CO
- Hawaii Pacific Health Nurses 2023 Conference, Honolulu, HI
- Children’s Hospital of Los Angeles (CHLA), Los Angeles, CA

Healthcare Worker & Nurse’s Week Presentations

- Dana Farber Cancer Institute, Boston, MA
- Heart of the Rockies Medical Center, Salida, CO
- University of Colorado, College of Nursing Behavioral Health Division, Denver, CO

Staff & Emerging Leader Training Workshops

- Kansas Council of Associate Degree Nurse Educators (KCADNE). Wichita, KS
- Prince Georges Community College, Health, Wellness & Hospitality Division, Washington, DC
- Vail Health Nurse Leader Retreat and Consultation Program. Vail, CO.
- Queen’s Medical Center, Honolulu, HI

Corporate Training Workshops

- Association of Legal Administrators Annual Conference, National Harbor, Wash DC.
- Clients of the Court Appointed Special Advocates (CASA) of the 7th Judicial Services
- RGM Enterprises, Northern CA/NV Taco Bell Store Leader Development Annual Meeting

BOOK DR. TERRY CHASE FOR YOUR EVENT

Terry customizes every engagement to match your conference theme, audience, and desired outcomes and are available in virtual or in-person formats.

- Nurses Week keynotes and luncheons
- Annual nursing and healthcare conferences
- Hospital system staff development days
- Corporate keynotes and conferences

Keynote (60–90 min) · Half-Day Deep Dive · Full-Day Workshop · Multi-Session Staff Development Series ·



Lifetime Achievement Award, Nursing Doctorate Class of 1996, University of Colorado, College of Nursing Alumni Association, 2024.