



TERRY CHASE

ND, MA, RN, CEIP-ED

SPEAKER | AUTHOR | CONSULTANT

Open a Space for WholeHearted Living



WWW.DRTERRYCHASE.COM

A Whole-Hearted Approach for Well-Being, Resilience and Courage™

A Whole-Hearted Approach for Well-Being, Resilience and Courage™ is a multi-faceted program offering an engaging and inspiring mix of positive psychology, scientifically grounded wisdom, and a call-to-action for professional staff development.

A Whole-Hearted Approach for Well-Being, Resilience and Courage™ can be delivered in a multiple formats including keynotes addresses, breakout sessions, and extended training formats.

Healthcare providers and educators participating in ***A Whole-Hearted Approach*** will learn and implement elements of a resilient life, develop solid well-being practices and leverage their strengths towards desired outcomes. Interactive and experiential activities support **increased energy, positive emotions, improved communication and a deeper connection to their healthcare purpose**. This program **enhances productivity, efficiency and collaborations across departments**. Throughout the sessions, powerful mind shifts occur in support of personal and **professional transformation** to optimal health and flourishing in their day-to-day lives. **These processes elevate staff development through strategies and tools discussed in the monthly leadership sessions.**

"Dr. Terry Chase is a passionate and skilled speaker, coach, teacher, writer and nursing leader. Her ability to connect with individuals and teams is remarkable. Terrys' life journey and career have been a learning lab to inform her deep knowledge and sharing about a life well lived. Skillfully, Terry shows us how to transform our own experiences to develop as master clinicians, leaders, teachers and people. I highly recommend Dr. Chase for individual and team development in healthcare organizations."

Kelly Johnson, PhD, CNO, Children's Hospital Los Angeles (CHLA)

Unique in Her Field

Terry Chase, ND, MA, RN, Program Developer and Facilitator offers a deep and multi-faceted background of advanced education and hands-on experience in healthcare, education and professional development. She helps people make sense of complex and challenging situations, whether individually or in teams by promoting a strengths-based approach. Her interactive and engaging sessions provide clarity by making things clear and understandable. Participants clarify often underlying issues that keep them stuck and discover ways to help move them forward.

Dr. Chase brings valuable life-experience of living with a spinal cord injury for over thirty years to motivational keynotes, experiential workshops and individual coaching relationships. *She* shares her inspiring stories of spinal cord injury in the award-winning book: ***Spoke by Spoke: How a Broken Back and a Broken Bike Led to a WholeHearted Life.***

To learn more about ***A Whole-Hearted Approach for Well-Being, Resilience and Courage™*** and Dr. Terry Chase visit www.drterrychase.com



"Dr. Chase is an intelligent, direct and humorous speaker. Her amazing instincts to reach out and touch people is evident. I surely wish there were more people like her on the planet, because the world would be such a better place.... I know she's certainly one of a kind."

-Terry Robinson, Claims Quality Analyst, Delta Dental, Colorado

"Dr. Chase shared an inspiring story based on the importance of holistic and patient-centered care. Healthcare providers will be touched by her strength in healing through caring influences."

-Jill Van Der Like, DNP, MSN RNC. Director, Simulation & Learning Skills Center, University West Florida



<https://www.facebook.com/dr.terrychase>



terry@drterrychase.com



www.linkedin.com/in/terrychasespeaks



303 - 941-1989